

Researching Ancestral Medical History

Useful Web links:

CEDR Epidemiologic Databases – ICD List

<https://oriseapps.ora.gov/cedr/ICD.aspx>

Has a list for each release of the International Classification of Diseases.

National Center for Health Statistics

https://www.cdc.gov/nchs/products/vsus/vsus_1890_1938.htm

Provides extensive information and statistics for mortality data in the USA.

Centers for Disease Control and Prevention

<https://www.cdc.gov/nchs/data/dvs/death11-03final-acc.pdf>

Provides detailed information for the Standard USA Death Certificate.

Rudy's List of Archaic Medical Terms

<https://www.herbalhistory.org/home/wp-content/uploads/2024/05/Rudys-List-of-Archaic-Medical-Terms-1.pdf>

A comprehensive list of old medical terms.

Family Health Toolkit

<https://www.yumpu.com/en/document/view/40193592/family-health-history-toolkit-utah-department-of-health-utahgov>

A useful toolkit guide. Originally published by the Utah Department of Health.

(Birth/Marriage/Death Certificates)

England & Wales - <https://www.gro.gov.uk/gro/content/certificates/login.asp>

Scotland – <http://www.scotlandspeople.gov.uk>

Ireland – <https://www.irishgenealogy.ie>

Northern Ireland – <https://www.direct.gov.uk>

Sources of Ancestral Health Information:

Bibles	Cemeteries
Census Records (Mortality Schedules)	Churches/Temples & Religious Organizations
Coroners/Medical Examiners/Morgues	Death Certificates (Vital Records)
Family Resources	Funeral Homes
Insurance Companies	Historical & Genealogical Societies
Doctors & Hospitals	Military Records
Newspapers	Probate & Wills
Social Security SSDI	

Sample Excel Health Worksheet. ([Click here to download the worksheet](#))

Great-Grandparents	Grandparents	Mother/Siblings	Family	Father/Siblings	Grandparents	Great-Grandparents
		Aunt/Uncle	Sibling	Aunt/Uncle		
		Aunt/Uncle	Kathleen Shotwick Heart Issues	Aunt/Uncle		Great-Grandfather
Great-Grandfather		Aunt/Uncle		Mildred Shotwick (1930-2000) Liver Cancer		
						Great-Grandmother
Great-Grandmother	Rubin Little (1880-1940) Prostate Cancer		ME	Peter Shotwick (1869-1947) Liver Cancer Diabetes		
		Susan Little (1930-2004) Dementia	Liver Cancer Heart Issues Diabetes UNKNOWN Dementia Prostate Cancer	George Shotwick (1927-2006) Heart Attack Heart Issues Diabetes		
	Molly Smith (1885-1936) Dementia Heart Issues				Mary Pickard (1872-1966) Pneumonia Heart Issues	
Great-Grandfather		Aunt/Uncle		Aunt/Uncle		Great-Grandfather
Great-Grandmother		Aunt/Uncle	Sibling	Aunt/Uncle		Great-Grandmother
		Aunt/Uncle	Sibling	Aunt/Uncle		

Sample Personal Medical Profile. ([Click here to download the worksheet](#))

Ancestral History						My Status & Action		
Health Item	Branch	Relationship	Name	DOB	DOD	Status	Action	Comments
Liver Issues	Paternal	Grandfather	Peter Shotwick	1869	1947	Active	Monitoring	
	Paternal	Aunt	Mildred Shotwick	1930	2000		Get a Scan	Done 2019 - OK
Diabetes Type-2	Paternal	Grandfather	Peter Shotwick	1869	1947	Active	Medication	Initial Diag. 2000
	Paternal	Father	George Shotwick	1927	2006			
Heart Disease	Paternal	Father	George Shotwick	1927	2006	Active	Monitor	High Blood Pressure
	Paternal	Grandmother	Mary Pickard	1872	1966			
	Sibling	Sister	Kathleen Shotwick	Living	Living			
	Maternal	Grandmother	Henry Meyer	1828	1908			
Brain Dementia	Maternal	Mother	Susan Little	1930	2004	Order MRI		
	Maternal	Grandmother	Molly Smith	1885	1936			
Prostate	Maternal	Grandfather	Ruben Little	1880	1940		Get tested	